

***Note:**

Gym discount information is updated by Occupational Health & Safety as specific fitness facilities advise. If information provided is no longer applicable, please email healthpromotions@providencehealth.bc.ca.

Last updated: September 5, 2017

Gym Discounts by City

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| <u>Abbotsford</u> | <u>Delta</u> | <u>North Vancouver</u> | <u>Surrey</u> |
| <u>Burnaby/New West.</u> | <u>Kelowna</u> | <u>Pitt Meadows</u> | <u>Vancouver</u> |
| <u>Chilliwack</u> | <u>Langley</u> | <u>Port Coquitlam</u> | <u>Victoria</u> |
| <u>Coquitlam</u> | <u>Maple Ridge</u> | <u>Richmond</u> | |

Abbotsford

Gym	Address	Contact	Notes
Club 16 Trevor Linden Fitness & She's Fit	32560 Simon Ave. Abbotsford	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lfsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details
Good Life Fitness Centres	32500 South Fraser Way Abbotsford		<ul style="list-style-type: none"> • Co-ed & Women's area • No sign up fee • 15% off a National all access membership • Free personalized health profile by certified personal trainer (\$100 value) • Immediate family discount >12 yrs of age • Click here for further details
Steve Nash Fitness World & Sport Club	B200-3122 Mt. Lehman Rd. Abbotsford	778.856.1890	<ul style="list-style-type: none"> • A discount on annual or monthly memberships is available to PHC employees and their spouses with proof of employment • Click here for further details

Burnaby/New Westminister

Gym	Address	Contact	Notes
Bikram Yoga	3665 Kingsway Burnaby	staff@bikramyogametroto.wn.com	<ul style="list-style-type: none"> • 10% discount on all class packages (each package has a 3-6 month expiry date) • \$79/month (regular rate is \$99/month) for more frequent practice • Bring photo I.D. & recent paystub when you sign up

Club 16 Trevor Linden Fitness & She's Fit!	#300-7155 Kingsway Burnaby	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lfsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details
Good Life Fitness Centres	Unit 200 - 3433 North Rd Burnaby		<ul style="list-style-type: none"> • Co-ed & Women's centre • No sign up fee • 15% off a National all access membership • Free personalized health profile by certified personal trainer (\$100 value) • Immediate family discount >12 yrs of age • Click here for further details
Oxygen Yoga & Fitness	6676 Hastings St. Burnaby	604.619.8940 Alicja Gajewski oxygenkensington@gmail.com	<ul style="list-style-type: none"> • \$65/month (plus tax) unlimited membership • No restrictions or contracts • First class free
Oxygen Yoga & Fitness	Dawson St. Burnaby	778.386.6383 Matthew Kong oxygenyogafitness@gmail.com	<ul style="list-style-type: none"> • \$65/month (plus tax) Please email Matthew Kong directly to arrange this corporate rate • No restrictions or contracts
She's Fit!	567 Clarke Rd. Coquitlam (Burnaby/Coquitlam location) Unit M53-4277 Kingsway St. Burnaby	604.536.5552 ext 63 Haley Kusumoto haley.kusumoto@lfsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details
Steve Nash Fitness World & Sport Club	Brentwood 4199 Lougheed Hwy. Lougheed Centre 9855 Austin Rd. 5500 Kingsway	604.291.1133 604.421.7999 604.435.3385	<ul style="list-style-type: none"> • A discount on annual or monthly memberships is available to PHC employees and their spouses with proof of employment. • Click here for further details
YYoga	Highgate 315-7155 Kingsway Burnaby	604.525.8777	<ul style="list-style-type: none"> • PHC staff receive 15% savings on 5 & 10 Class Pass and on Annual Passes. Please bring flyer and proof of employment (employee ID, pay stub, business card). • Click here for further details

Dynamic Health and Fitness	335-800 Carnarvon St. New Westminster	604.521.8746 Jeff & Alison Humphries	<ul style="list-style-type: none"> • Offer extended to PHC employees & family members • Rewards Program membership-Onetime \$20.17 enrollment fee (regular \$49) & \$29/month for 24 months (paid monthly), dropping to \$25/month after 24 months • VIP Membership-Onetime \$49.50 enrollment fee (regular \$99) & \$35/month • Bring PHC photo ID
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**Note: City of Burnaby Parks and Recreation - no corporate discount offered*

Chilliwack

Gym	Address	Contact	Notes
She's Fit!	45619 Yale Rd. Chilliwack	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lfsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details
Oxygen Yoga and Fitness	#310-8249 Eagle Landing Parkway Chilliwack	604.700.5196 Callie Westlake oxygenyogachilliwack@gmail.com	<ul style="list-style-type: none"> • 25% discount on regular memberships

**Note: No corporate discount at Anytime Fitness and Chilliwack Recreation & Culture*

Coquitlam

Gym	Address	Contact	Notes
Anytime Fitness	2662 Austin Ave. Coquitlam	604.492.3481 Nick Johnson	<ul style="list-style-type: none"> • 10% off monthly dues, 50% off a one-time enrollment fee, 10% off monthly tanning fee (if applicable), 7 day passes for associates to use with family/friends, reciprocity with 2,000+ locations. • FREE "Quick Start" personal training package (normally \$150) "to help get a perfect start" (Coquitlam and Port Coquitlam site only)
Club 16 Trevor Linden Fitness & She's Fit!	2635 Barnett Hwy. Coquitlam	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lfsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details

She's Fit!	567 Clarke Rd. Coquitlam (Coquitlam/ Burnaby location)	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lfsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details
Oxygen Yoga and Fitness	934 Brunette Ave. Coquitlam	604 812-9449 Aimee Thornber oxygenyogacoquitlam@gmail.com	<ul style="list-style-type: none"> • 25% off regular priced memberships

Delta

Gym	Address	Contact	Notes
Bikram yoga	8865 Scott Rd. Delta	604.592.9642 Mak Parhar info@bikramyogadelta.com	<ul style="list-style-type: none"> • 10% off 6 & 12 month unlimited memberships (As of July 8/15 current in house special is 20% off annual memberships) • 10% off 100 & 50 class cards • \$40 off 20 & 25 class cards • \$10 off/month on monthly unlimited auto pay memberships (6 month minimum)
Delta Parks and Recreation		park-rec@delta.ca	<ul style="list-style-type: none"> • 10% discount when 10 employees sign up/buy the pass at the same time. • If you are interested in this corporate discount, please email healthpromotions@providencehealth.bc.ca. When names of 10 employees are received, application will be made.
She's Fit!	#190-8087 120 St. North Delta	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lfsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details
Steve Nash Fitness World & Sport Club	#100-7337 120 St. Delta	604.507.9889	<ul style="list-style-type: none"> • A discount on annual or monthly memberships is available to PHC employees and their spouses with proof of employment. • Click here for further details
Tsawwassen Springs	110-5133 Springs Boulevard Tsawwassen	tsawwassenspringsfitness.ca	<ul style="list-style-type: none"> • \$59/month (regular \$79.99) plus joining fee \$149 (regular price \$249) • Complimentary towel and locker service, deluxe private showers and change rooms • 24 hour access • Complimentary fitness consultation and equipment orientation • Certified personal trainers on site • Click here for further details

Kelowna

Gym	Address	Contact	Notes
Body and Soul Health & Fitness	105-2303 Leckie Rd. Kelowna	250.808.5775 rkrisco@telus.net	<ul style="list-style-type: none"> • Personal training \$60/session (1 person) • \$90/session (2 people), \$20/session- small group personal training up to 4 participants who join sessions with other individuals- Please bring ID & recent pay stub
Goodlife Fitness Centres	119-1835 Gordon Dr. Kelowna		<ul style="list-style-type: none"> • Co-ed centre, no sign-up fee • 15% off a National all access membership • Free personalized health profile by certified personal trainer (\$100 value) • Immediate family discount >12 yrs of age • Click here for further details

Langley

Gym	Address	Contact	Notes
Township of Langley Parks & Recreation		604.533.6106 Lori Cottrill	<ul style="list-style-type: none"> • A minimum of 3 employees must live within the Township of Langley (TOL) boundaries & purchase a TOL Recreation and Community centers membership pass for PHC to remain eligible for the Corffit program. • If you are interested in this corporate discount, please email healthpromotions@providencehealth.bc.ca. When names of 3 employees are received, application will be made.
Curves	104-20611 Fraser Hwy Langley	604.534.2718 Mirella Mykle mmykle70@gmail.com	<ul style="list-style-type: none"> • \$39/month on 12 month membership • Service fee waved
Gold's Gym	19989 81a Ave Langley	604 882-4653 Matthew Quixley	<ul style="list-style-type: none"> • Silver plan 1 year term \$17.85 bi-weekly tax included (regular price \$24 bi-weekly tax excluded) • Gold plan 2 year term \$15.75 bi-weekly tax included (regular price \$19.00 bi-weekly tax excluded) • Access to UBC Marketplace facility and Langley facility • Free complimentary 60 minute fitness/nutrition assessment with 30 day follow-up assessment • Annual enhancement fee \$39.00 • Key fob \$20.00

She's Fit!	#101-6039 196 St Surrey (Langley location)	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lilsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details
Steve Nash Fitness World & Sports Club	#200-19925 Willowbrook Dr. Langley	604.533.3113	<ul style="list-style-type: none"> • A discount on annual or monthly memberships is available to PHC employees and their spouses with proof of employment • Click here for further details

Maple Ridge

Gym	Address	Contact	Notes
Parks and Leisure Centres		Russ Brummer, Recreation Coordinator	<ul style="list-style-type: none"> • 10% discount on 6 & 12 month individual and family passes. Minimum 7 employees needed for the discount to start. • If you are interested in this corporate discount, please email healthpromotions@providencehealth.bc.ca. When names of 7 employees are received, application will be made.
Club 16 Trevor Linden Fitness & She's Fit!	101-22420 Dewdney Trunk Rd Maple Ridge	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lilsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details

North Vancouver

Gym	Address	Contact	Notes
Club 16 Trevor Linden & She's Fit-Club 16	1144 Lonsdale North Vancouver	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lilsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details
Curves	45-1199 Lynn Valley Rd. North Vancouver	604.904.1183 Beba Morales (Manager), Dariela G (Owner) curveslynnvalley@shaw.ca	<ul style="list-style-type: none"> • 50% off sign-up fee (fee waved for 5+ group) • Please call to book Consultation prior to first visit • First month is Free • Zumba punch card (12 Free classes) • Please bring PHC ID, recent pay stub & mention PHC Corporate rate
Oxygen Yoga & Fitness	1524 Lonsdale Ave. North Vancouver	778.386.6383 Matthew Kong oxygennorthvan@gmail.com	<ul style="list-style-type: none"> • \$65/month (plus tax) Please email Matthew Kong directly to arrange this corporate rate • No restrictions or contracts

She's Fit!	#68-935 Marine Dr. North Vancouver	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lilsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details
Steve Nash Fitness World & Sports Club	1989 Marine Dr. North Vancouver	604.986.3487	<ul style="list-style-type: none"> • A discount on annual or monthly memberships is available to PHC employees and their spouses with proof of employment • Click here for further details
YYoga	231-1233 Lynn Valley Rd. Park Royal 210-731 Main St.	604.987.0308 604.281.1166	<ul style="list-style-type: none"> • PHC staff receive 15% savings on the 5 & 10 Class Pass and Annual Pass. Please bring flyer and proof of employment (employee ID, pay stub, business card) • Click here for further details

Pitt Meadows

Gym	Address	Contact	Notes
Good Life Fitness Centres	201-19800 Lougheed Hwy. Pit Meadows		<ul style="list-style-type: none"> • Women only centre • No sign up fee • 15% off a National all access membership • Free personalized health profile by certified personal trainer (\$100 value) • Immediate family discount >12 yrs of age • Click here for further details
Pitt Meadows (& Maple Ridge) Parks and Leisure Centres		Russ Brummer, Recreation coordinator	<ul style="list-style-type: none"> • 10% discount on 6 & 12 month individual and family passes. Minimum 7 employees needed for the discount to start • If you are interested in this corporate discount, please email healthpromotions@providencehealth.bc.ca. When names of 7 employees are received, application will be made.

Port Coquitlam

Gym	Address	Contact	Notes
Anytime Fitness	2850 Shaugnessy St. Port Coquitlam	604 492-2950 Nick Johnson	<ul style="list-style-type: none"> • 10% off monthly dues, 50% off a one-time enrollment fee, 10% off monthly tanning fee (if applicable), 7 day passes for associates to use with family/friends, reciprocity with 2,000+ locations. FREE "Quick Start" personal training package (normally \$150) "to help get a perfect start"
Steve Nash Fitness World & Sport Club	111-3000 Lougheed Hwy. Port Coquitlam	604.552.8885	<ul style="list-style-type: none"> • A discount on annual or monthly memberships is available to PHC employees and their spouses with proof of employment. • Click here for further details

Richmond

Gym	Address	Contact	Notes
Anytime Fitness	4151 Hazelbridge Way Richmond	778.297.2582 Belle richmondbc@anytimefitness.com	<ul style="list-style-type: none"> • 2 year term \$45/month (reg \$52/month); 1 year term \$50/month (reg \$56/month) • 10 day pass \$39 • \$0 enrollment fee (save \$100), must purchase a Key Fob \$50 at sign-up • Membership includes group fitness classes • One time fitness consultation & body measurement • 24/7 member access & reciprocity to 3000+ locations worldwide • Bring government issued photo ID & PHC ID on the first visit
Oxygen Yoga & Fitness	112-10151 No. 3 Rd. (Steveston) Richmond	604.679.9882 Kaur Raj oxygenyogasteveston@gmail.com	<ul style="list-style-type: none"> • 25% off regularly priced monthly memberships
Richmond Oval	6111 River Rd. Richmond	778.296.1413 info@richmondoval.ca Debbie Wang dwang@richmondoval.ca	<p>With the minimum of 5 employees signing up at the same time, employees will receive:</p> <ul style="list-style-type: none"> • 15% – 25% on Monthly Continuous or Annual Paid in Full rate, depends on which package they choose • Discount Extends to Staff Family Members under the Same Households • Free Parking for 16+ Years old with Valid Driver's License • Discount on all Oval Fitness Programs and Children Programs • Free Guest Passes • Free Child Minding Card • Membership Holds up to 4 Months • Invitation to Member Appreciation Events and more • All existing members will be transferred after the corporate account is set up • If you are interested in this corporate discount, please email healthpromotions@providencehealth.bc.ca. When names of 5 employees are received, application will be made.
Steve Nash Fitness World & Sport Club	6351 Westminster Hwy. Richmond Sports Club 10251 Edwards St.	604.276.9377 604.273.5213	<ul style="list-style-type: none"> • A discount on annual or monthly memberships is available to PHC employees and their spouses with proof of employment • Click here for further details

YYoga	220-3671 Westminster Hwy. Richmond Oval Location 6111 River Rd.	604.821.0888 778.296.1475	<ul style="list-style-type: none"> • PHC staff receive 15% savings on 5 & 10 Class Pass and Annual Pass. Please bring flyer & proof of employment (employee ID, pay stub, business card) • Click here for further details
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Surrey

Gym	Address	Contact	Notes
City of Surrey Corporate Discount for Recreation Centres		Jerome Thibaudeau, Business Operations Manager	<ul style="list-style-type: none"> • 25% discount on yearly pass (monthly payment plan available). 20 staff/year need to sign up for the discount to continue & all 20 staff do not have to enroll at the same time. • Bring PHC ID & recent pay stub
Anytime Fitness	Clayton Heights 101-18655 Fraser Hwy.	John Gould-Thorpe	<ul style="list-style-type: none"> • \$0.00 Enrollment fee (this is not a discount it is the same for everyone joining our club.) This location only • 10% off monthly dues • \$50.00 one-time Security and key fee at joining 10% discount on 12 and 24 month contract plans. • 7 day trial passes for anyone to try our facility (\$50.00 security deposit required for key fob) • 1 hour fitness consultation for all new members to assess their current level and give them a base line of their current fitness level and follow up every 6- 8 weeks
Anytime Fitness	Guildford 10310-152 St. Surrey	604.498.5005 Stephanie surreybc4@anytimefitness.com	<ul style="list-style-type: none"> • 50% off enrollment fee for new members (\$20 for PHC employees) • \$40 keyfob (mandatory purchase) gives you 24/7 access • 10% discount on 1 & 2 year memberships • Free personal training session for new members • Summer time promotions, contact gym for details • Currently no tanning facilities
Club 16 Trevor Linden Fitness & She's Fit!	3400-10153 Central City Surrey	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lfsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details

Goodlife Fitness Centres	12992-76 Ave Surrey		<ul style="list-style-type: none"> • Co-ed centre • No sign up fee • 15% off a National all access membership • Free personalized health profile by certified personal trainer (\$100 value) • Immediate family discount >12 yrs of age • Click here for further details
Oxygen Yoga & Fitness	104-15388 24 th Ave (White Rock/South Surrey)	778.968.9642 oxygenyogasouthsurrey@gmail.com	<ul style="list-style-type: none"> • 25% off all regular priced monthly memberships
She's Fit!	104-15355 Fraser Hwy. Surrey #251-1959 152 St. Surrey (White Rock)	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lfsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee (without discount \$50-\$90.00) • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details
Steve Nash Fitness World & Sport Club-Check	13821-103 rd Ave Surrey Morgan Crossing #120-15850 26 th Ave. Surrey	604.588.1517 604.542.5213	<ul style="list-style-type: none"> • A discount on annual or monthly memberships is available to PHC employees and their spouses with proof of employment. • Click here for further details

Vancouver

Gym	Address	Contact	Notes
Anytime Fitness	489 W2nd Ave Vancouver	604.559.8463 Greg falsecreek@anytimefitness.com	<ul style="list-style-type: none"> • Monthly dues at family/student rate \$54 + GST (standard rate \$57 + GST) • 50% off one time enrollment fee= \$12.50 (standard \$25) • At signup, free enrollment in the fitness assessment program (45 minute assessment & goal setting) with follow-ups every 8 weeks • \$51 for access fob • Free access to other Anytime Fitness gyms 31 days after signup
Anytime Fitness	1433 Cedar Cottage Mews (Kensington)	604.558.1551 Lisa Vancouveranytime@gmail.com	<ul style="list-style-type: none"> • 10% off monthly dues • 50% off a one-time enrollment fee • 10% off monthly tanning fee (if applicable) • 7-day passes for associates to use for family/friends • Reciprocity among our 2,000 + locations (including international clubs)
Body and Soul Health & Fitness	3785 W10th Ave. Vancouver	604.224.2639 Angela Longstaffe contact@bodysoul.ca	<ul style="list-style-type: none"> • \$60/personal training session, \$90/partner personal training session. Purchase 10 or more sessions and the health assessment is complimentary. Please bring your PHC ID or a recent pay stub

Club 16 Trevor Linden Fitness & She's Fit!	1055 Canada Place	604.536.5552 Ext. 63 Haley Kusumoto haley.kusumoto@lfsfg.com	<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID for \$0.00 enrollment fee • 2 membership options to choose from • Discount is available to Employee's spouse • Click here for further details
Cyklus Indoor Cycling	889 Expo Blvd Vancouver		<ul style="list-style-type: none"> • 15% off all regular prices
Gold's Gym	2155 Allison Rd	604.224.4699 Matthew Quixley	<ul style="list-style-type: none"> • Medical staff corporate benefit program • Silver plan 1 year term \$17.85 bi-weekly tax included (regular price \$24 bi-weekly tax excluded) • Gold plan 2 year term \$15.75 bi-weekly tax included (regular price \$19.00 bi-weekly tax excluded) • Access to UBC Marketplace facility and Langley facility • Free complimentary 60 minute fitness/nutrition assessment with 30 day follow-up assessment • Annual enhancement fee \$39.00 • Key fob \$20.00 • Click here for more information
Goodlife Fitness Centres	1401 W8th Ave. Vancouver		<ul style="list-style-type: none"> • Women only centre • No sign up fee • 15% off a National all access membership • Free personalized health profile by certified personal trainer (\$100 value) • Immediate family discount >12 yrs of age • Click here for further details
Gymbox	909 W Broadway	604.559.1321 Brenda Ouellet	<ul style="list-style-type: none"> • \$89/month corporate rate with no term commitment (regular \$149/month) • Small group classes (www.gymbox.ca for class schedule) • 1 hour personal training session x 1 • Towel service & fully stock change rooms • Infrared sauna
Oxygen Yoga & Fitness	3544 Kingsway (Killarney)	604.679.9505 Lily Jiang oxygenyogakillarney@gmail.com	<ul style="list-style-type: none"> • 25% off memberships with proof of employment (recent pay stub)

Steve Nash Fitness World & Sports Club Vancouver Locations	555 W12th Ave.	604.876.1009	<ul style="list-style-type: none"> • A discount on annual or monthly memberships is available to PHC employees and their spouses with proof of employment • Click here for further details
	610 Granville St.	604.682.5213	
	1185 Georgia St.	604.662.7774	
	1214 Howe St.	604.681.3232	
	200-2150 W. Broadway	604.742.4440	
	200-1085 Homer St.	604.559.5213	
Vancouver Recreation Centres			<ul style="list-style-type: none"> • 25% off monthly flex passes • Please bring PHC photo ID & recent pay stub
YMCA - Robert Lee	955 Burrard St. Vancouver		<ul style="list-style-type: none"> • Present proof of employment (pay stub) and photo ID at the Robert Lee YMCA for a 10% discount on Adult, Plus & Family memberships.
YYoga	888 Burrard St.	604.682.3569	<ul style="list-style-type: none"> • PHC staff receive 15% savings on 5 & 10 Class Pass and on Annual Passes. Please bring flyer and proof of employment (employee ID, pay stub, business card). • Click here for further details
	1915 W4th Ave.	604.336.4599	
	201-1627 W. Broadway	604.736.6009	
	1569 W6th Ave.	604.428.2523	
	280-1050 Homer St.	604.684.3334	

Victoria

Gym	Address	Contact	Notes
Bikram Yoga	201-2657 Wilfert Rd. Colwood (Victoria area)	250.391.1975 www.bikramwestshore.com Jacqueline yoga@bikramwestshore.com	<ul style="list-style-type: none"> • \$99/month corporate autopay for unlimited yoga membership (paid monthly by credit card, direct debit or void cheque with monthly withdrawal) • No minimum set up fees • Drop-in \$10 (\$18 regular rate) • 20% discount on multiple visit passes (good for 1 year from date of purchase) • Bring PHC ID & recent pay stub
Curves	109-2355 Millstream Rd. Langford	250.391.9262 Sandy Fisher	<ul style="list-style-type: none"> • 10% off monthly membership • Current special is 50% off sign up fee (please contact Sandy Fisher to inquire if special is available)

Goodlife Fitness Centres	470-1150 Douglas St. 100-655 Tyee Rd.		<ul style="list-style-type: none"> • Co-ed centre • No sign up fee • 15% off a National all access membership • Free personalized health profile by certified personal trainer (\$100 value) • Immediate family discount >12 yrs of age • Click here for further details
Steve Nash Fitness World & Sport Club	B101-3561 Blanshard St. Victoria	250.475.6002	<ul style="list-style-type: none"> • A discount on annual or monthly memberships is available to PHC employees and their spouses with proof of employment • Click here for further details
Victoria Parks & Recreation		Josh Taylor, Community Recreation Programmer	<ul style="list-style-type: none"> • 25% off yearly recreational passes for employees & their spouses (minimum 5 employees signing up at the same time)